



northwest conference  
developing leaders. thriving churches.

PASTORAL CARE  
& DEVELOPMENT

## Are you interested in finding a spiritual director?

→ Contact Jeff Burton, NWC Director of Pastoral Care & Development, at [jeff@northwestconference.org](mailto:jeff@northwestconference.org) or 612.721.4893 or 800.756.6692

→ Visit the NWC website for more information at [northwestconference.org/pastoral-care-and-development/](http://northwestconference.org/pastoral-care-and-development/)

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## THE MINISTRY OF SPIRITUAL DIRECTION

"BE STILL AND KNOW THAT I AM GOD" (PSALM 46:10A)





## What is spiritual direction?

Spiritual direction is a ministry of listening discernment and prayer in a confidential setting of encouragement and compassion.

Spiritual direction offers a way to hear more clearly the voice of God and see more clearly God's movement in life.

## What is a spiritual director?

A spiritual director listens and helps you discern the presence and work of God's spirit in your life. This person listens and attends to the experience of God in your life while intentionally setting aside the concerns of his or her own life.

## Testimonials

*"I don't know where I would be without the journey with my spiritual directors over these past six years. It is such a joy to have someone join me and lead me on the journey toward listening to God."* - **Brad Kindall**, Lead Pastor of Faith Covenant Church, Burnsville, MN

*"My spiritual director has shown me that life (including one's spiritual life) is shades of gray, not black and white. It is in the gray areas that grace shines through."* - **Pam Cobb**, Office Manager at Covenant Pines Bible Camp, McGregor, MN

*"Spiritual direction has been a gift of awareness. I have grown in my awareness of God and learned to discern God's voice and movement in my life. Spiritual direction has broadened my personal relationship with Christ and strengthened my pastoral skills and capacity to care for others."* - **Herb Frost**, Lead Pastor of Rochester Covenant Church, Rochester, MN

*"Spiritual Direction has become an essential part of my walk with God. This movement of God is a great gift to the Church for such a time as this."* - **Renee Franzen**, Associate Pastor of Brookdale Covenant Church, Brooklyn Center, MN