# Are you interested in finding a spiritual director?

➔ Contact Hollis Kim, NWC Director of Pastoral Care & Development, at hollis@northwestconference.org or 612.721.4893 or 800.756.6692

➔ Visit the NWC website for more information at northwestconference.org/pastoral-care-and-development/

# Are you interested in becoming a spiritual director?

➔ North Park Seminary has a Center for Spiritual Direction where people (both pastors and laypeople) can receive training in spiritual direction. It is grounded in the heritage of the ECC and offers one of the leading spiritual direction certificate programs in the Evangelical tradition. The CSD supports distance learning and many of our NWC spiritual directors have trained here.

✦ Find out more information about the C. John Weborg Center for Spiritual Direction at North Park Theological Seminary at northpark. edu/seminary/academics/certificate-programs/certificate-inspiritual-direction/. You can also contact the Seminary Admissions Department at 773.244.6229 or 800.964.0101. northwest conference

#### PASTORAL CARE & DEVELOPMENT

## THE MINISTRY OF SPIRITUAL DIRECTION





### What is spiritual direction?

Spiritual direction is a ministry of listening, discernment, and prayer in a confidential setting of encouragement and compassion.

Spiritual direction offers a way to hear more clearly the voice of God and see more clearly God's movement in life.

### What is a spiritual director?

A spiritual director listens and helps you discern the presence and work of God's spirit in your life. This person listens and attends to the experience of God in your life while intentionally setting aside the concerns of his or her own life.



"I don't know where I would be without the journey with my spiritual directors over these past six years. It is such a joy to have someone join me and lead me on the journey toward listening to God." - **Brad Kindall**, Lead Pastor of Faith Covenant Church, Burnsville, MN

"My spiritual director has shown me that life (including one's spiritual life) is shades of gray, not black and white. It is in the gray areas that grace shines through." - **Pam Cobb**, former Office Manager at Covenant Pines Bible Camp, McGregor, MN

"Spiritual direction has been a gift of awareness. I have grown in my awareness of God and learned to discern God's voice and movement in my life. Spiritual direction has broadened my personal relationship with Christ and strengthened my pastoral skills and capacity to care for others." - **Herb Frost**, former Lead Pastor of Rochester Covenant Church, Rochester, MN

"Spiritual direction has become an essential part of my walk with God. This movement of God is a great gift to the Church for such a time as this." - **Renee Franzen**, Senior Pastor of Brookdale Covenant Church, Brooklyn Center, MN